



# POSITIVE THINKING

*Your thoughts have a significant influence on external realities*

## LAW OF ATTRACTION

The law of attraction is the attractive, magnetic power of the Universe that draws similar energies together. It manifests through the power of creation, everywhere and in many ways.

Even the law of gravity is part of the law of attraction. This law attracts thoughts, ideas, people, situations and circumstances.

- Google Definition

Read out loud a list of things you are grateful for and repeat for at least 2 minutes.

### *I am so thankful and feel so blessed for:*

- My Pets \_\_\_\_\_
- My Family \_\_\_\_\_
- Hot Showers
- My Personal Health
- My Pension
- My Eyes/Vision
- My Children
- My MVP Family
- My Friends
- Food and Water
- The Roof Over My Head
- Waking Up Today
- Having a working toilet in my house ;-)
- Making Better Decisions
- Having A Job
- God
- Mission Trips
- Not being the person I was yesterday
- My Girlfriend \_\_\_\_\_
- My Boyfriend \_\_\_\_\_
- Clarity
- People saying my name
- Memories
- Every breath I take!
- Mentorship
- Keeping Hope Alive Baby!!!

*The stronger you can feel what you are saying the faster the universe will give you more things to be thankful for!!*